VISHWA BHARATI PUBLIC SCHOOL, GREATER NOIDA SYLLABUS CLASS :XII (2023-24)

SUBJECT- ENGLISH

Textbook Prescribed-

- English Reader- Flamingo
 Supplementary Reader- Vistas

MONTH	Chapter /BOOK /MAIN SKILL	UNIT/TOPIC
APRIL	FLAMINGO VISTAS	 The Last Lesson By Alphonse Daudet My mother at sixty six(poem) The Third Level
	WRITING SKILL	• Letter to editor
MAY	FLAMINGO	Lost SpringDeep Water
	VISTAS	• Journey to the End of the Earth.
	WRITING SKILLS	• Notice writing
JULY	FLAMINGO	Keeping Quiet(poem)The Rattrap
	VISTAS	• The Enemy
	WRITING SKILLS	• Invitation writing/Replies Formal invitation, informal invitation

AUGUST	FLAMINGO VISTAS VISTAS WRITING SKILLS	•••	A Thing of Beauty(poem) Indigo Poets and Pancakes On the Face of it Job Application Article writing
SEP	WRITING SKILLS	• • Revi	Report Writing School magazine and Newspaper sion for First Term Exams
ОСТ	FLAMINGO VISTAS WRITING SKILLS	•	The Roadside stand(poem) Memories of Childhood Revision writing tasks
NOV	FLAMINGO	•	The interview Aunt Jennifer's Tigers(poem) Going places
	WRITING SKILLS	•	Revision tasks- Notice, letter, article, report and invitation writing.

SUBJECT: PHYSICS Textbook Prescribed- NCERT

Month	Unit	Chapter	Topics
April 2023	Unit-1 Electrostati cs	Chapter–1: Electric Charges and Fields	Electric charges, Conservation of charge, Coulomb's law- force between two- point charges, forces between multiple charges; superposition principle and continuous charge distribution. Electric field, electric field due to a point charge, electric field lines, electric dipole, electric field due to a dipole, torque on a dipole in uniform electric field. Electric flux, statement of Gauss's theorem and its applications to find field due to infinitely long straight wire, uniformly charged infinite plane sheet and uniformly charged thin spherical shell (field inside and outside).
		Chapter -2: Electrostatic Potential and Capacitance	Electric potential, potential difference, electric potential due to a point charge, a dipole and system of charges; equipotential surfaces, electrical potential energy of a system of two-point charges and of electric dipole in an electrostatic field. Conductors and insulators, free charges and bound charges inside a conductor. Dielectrics and electric polarization, capacitors and capacitance, combination of capacitors in series and in parallel, capacitance of a parallel plate capacitor with and without dielectric medium between the plates, energy stored in a capacitor (no derivation, formulae only).
May 2023	Unit-II Current Electricity	Chapter–3: Current Electricity	Electric current, flow of electric charges in a metallic conductor, drift velocity, mobility and their relation with electric current; Ohm's law, V-I characteristics (linear and non-linear), electrical energy and power, electrical resistivity and conductivity, temperature dependence of resistance, Internal resistance of a cell, potential difference and emf of a cell, combination of cells in series and in parallel, Kirchhoff's rules, Wheatstone bridge
	Unit -III Magnetic Effects of Current and	Chapter–4: Moving Charges and Magnetism	Concept of magnetic field, Oersted's experiment. Biot - Savart law and its application to current carrying circular loop. Ampere's law and its applications to infinitely long straight wire. Straight solenoid (only qualitative treatment), force on a moving charge in uniform magnetic and electric

	Magnetism		fields. Force on a current-carrying conductor in a uniform magnetic field, force between two parallel current-carrying conductors-definition of ampere, torque experienced by a current loop in uniform magnetic field; Current loop as a magnetic dipole and its magnetic dipole moment, moving coil galvanometer- its current sensitivity and conversion to ammeter and voltmeter
July 2023	Unit -III Magnetic Effects of Current and Magnetism	Chapter–5: Magnetism and Matter	Bar magnet, bar magnet as an equivalent solenoid (qualitative treatment only), magnetic field intensity due to a magnetic dipole (bar magnet) along its axis and perpendicular to its axis (qualitative treatment only), torque on a magnetic dipole (bar magnet) in a uniform magnetic field (qualitative treatment only), magnetic field lines. Magnetic properties of materials- Para-, dia- and ferro - magnetic substances with examples, Magnetization of materials, effect of temperature on magnetic properties.
	Unit-IV Electromag netic Induction and Alternating Currents	Chapter–6: Electromagneti c Induction	Electromagnetic induction; Faraday's laws, induced EMF and current; Lenz's Law, Self and mutual induction.
		Chapter–7: Alternating Current	Alternating currents, peak and RMS value of alternating current/voltage; reactance and impedance; LCR series circuit (phasors only), resonance, power in AC circuits, power factor, wattless current. AC generator, Transformer
	Unit – V Electromag netic waves	Chapter–8: Electromagneti c Waves	Basic idea of displacement current, Electromagnetic waves, their characteristics, their transverse nature (qualitative idea only). Electromagnetic spectrum (radio waves, microwaves, infrared, visible, ultraviolet, X-rays, gamma rays) including elementary facts about their uses.
Aug. 2023	Unit – VI Optics	Chapter–9: Ray Optics and Optical Instruments	Reflection of light, spherical mirrors, mirror formula, refraction of light, total internal reflection and optical fibers, refraction at spherical surfaces, lenses, thin lens formula, lens maker's formula, magnification, power of a lens, combination of thin lenses in contact, refraction of light through a prism. Optical instruments: Microscopes and astronomical telescopes (reflecting and refracting) and their magnifying powers.

Sept. 2023		ŀ	Revision for First Term Exam.
Oct. 2023	Unit – VI Optics	Chapter–10: Wave Optics	Wave front and Huygen's principle, reflection and refraction of plane wave at a plane surface using wave fronts. Proof of laws of reflection and refraction using Huygen's principle. Interference, Young's double slit experiment and expression for fringe width (No derivation final expression only), coherent sources and sustained interference of light, diffraction due to a single slit, width of central maxima (qualitative treatment only)
	Unit – VII Dual Nature of Radiation and Matter	Chapter–11: Dual Nature of Radiation and Matter	Dual nature of radiation, Photoelectric effect, Hertz and Lenard's observations; Einstein's photoelectric equation- particle nature of light. Experimental study of photoelectric effect Matter waves-wave nature of particles, de-Broglie relation.
Nov. 2023	Unit VIII Atoms and Nuclei	Chapter–12: Atoms	Alpha-particle scattering experiment; Rutherford's model of atom; Bohr model of hydrogen atom, Expression for radius of nth possible orbit, velocity and energy of electron in nth orbit, hydrogen line spectra (qualitative treatment only).
		Chapter–13: Nuclei	Composition and size of nucleus, nuclear force Mass- energy relation, mass defect; binding energy per nucleon and its variation with mass number; nuclear fission, nuclear fusion.
	Unit-IX Electronic Devices	Chapter–14: Semiconductor Electronics: Materials, Devices and Simple Circuits	Energy bands in conductors, semiconductors and insulators (qualitative ideas only) Intrinsic and extrinsic semiconductors- p and n type, p-n junction Semiconductor diode - I-V characteristics in forward and reverse bias, application of junction diode -diode as a rectifier

SUBJECT : MATHS

TEXT BOOK PRESCRIBED: NCERT

MONT H	CHAPTER	SUB TOPIC
APRIL	Chapter- 3 Matrices	Concept ,order equality ,types of matrices, transpose, symmetric and skew symmetric matrices, operation on matrices, non commutativity of multiplication of matrices.
	Chapter- 4 Determinants	Determinant of a square matrix (upto order 3). , minors , cofactors and applications of determinants in finding the area of triangle. Adjoint and inverse of a square matrix. Consistency, inconsistency and number of solutions of system of linear equations by examples, solving system of equations in two or three variables (having unique solution) using inverse of a matrix.
	Chapter – 1 Relations and Functions	Types of relations, reflexive ,symmetric , transitive and equivalence relations. One to One and onto functions, composite functions .
МАҮ	Chapter -2 Inverse Trigonometric functions	Definition, range, domain, principal value branches. Graphs of inverse trigonometric functions.
	Chapter- 5 Continuity and Differentiability	Continuity and differentiability , derivative of composite functions, chain rule, derivatives of inverse trigonometric functions, derivative of implicit function, derivative of exponential and logarithmic functions, logarithmic differentiation. Derivative of functions expressed in parametric forms. Second order derivative. Rolles and Lagranges theorems (without proof).
JULY	Chapter – 6 Applications of Derivatives	Applications of derivatives ; rate of change , increasing / decreasing functions, maxima and minima (first derivative and second derivative test). Simple problems of maxima and minima

JULY	Chapter-7 Integrals	Integration as inverse process of differentiation. Integration of variety of functions by substitution, by partial fractions and by parts, only simple integrals of the type
		$\int \underline{dx} \int \underline{dx}, \int \underline{dx} \int \underline{dx}$ $\sqrt{ax^2 + bx + c} x^2 + bx + c \sqrt{x^2 \pm a^2} \sqrt{a^2 - x^2}$
		$\frac{\int dx \int (px+q) dx}{x^2 \pm a^2, ax^2 + bx + c}$ $\frac{\int (px+q) dx}{\sqrt{(x^2 + a^2)} dx} \int \sqrt{(x^2 - a^2) dx} \sqrt{ax^2 + bx + c}$
		to be evaluated. Definte integrals as limit of sum. Fundamental theorem of calculs (without proof).Basic properties of definite integrals and evaluation of definite integrals
AUG	Chapter- 8 Applications of Integrals	Applications in finding the area under simple curves, especially lines, arcs of circles/ellipses (in standard forms only), area between the two above said curves.
	Chapter- 9 Differential Equations	Definition , order and degree, general and particular solutions of a differential equation. Formation of a differential equation whose general solution is given. Solution of differential equations by method of separation of variables, homogeneous differential equations of first order and first degree. solutions of linear differential equation of the type: $\underline{dy} + p(x) y = q(x)$, where $p(x)$ and $q(x)$, dx are functions of x.
SEP		FIRST TERM TEST
OCT	Chapter 10 Vectors :	Vectors and scalars, magnitude and direction of a vector. Direction cosines /ratios of vectors. Types of vectors (equal , unit , zero , parallel and collinear vectors), position vector of a point, negative of a vector, components of a vector, addition of vectors , multiplication of a vector by a scalar, p.v of a point dividing a line segment in a given ratio. Scalar (dot) product of vectors, projection of a vector on a line .Vector (cross) product of vectors.
	Chapter- 11 Three –dimensional Geometry :	Direction cosines /ratios of a line joining two points. Cartesian and vector equation of a line . Coplanar and skew lines , shortest distance between two lines.

NOV	Chapter- 12 Linear –Programming	Introduction, definition of related terminology such as constraints, objective function, optimization. Different types of linear –programming (L.P) problems, mathematical formulation of L.P problems, graphical method of solution for problems in two variables, feasible and infeasible solutions, optimal feasible solution (upto three non trivial constraints).
	Chapter- 13 Probability :	Multiplication theorem on Probability. Conditional probability, independent events, total probability, Bayes thm., random variable and its probability distribution, mean of random variable.

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SUBJECT : APPLIED MATHEMATICS

Prescribed Book:

Applied Maths XII (M L AGGARWAL and NEERAJ RAJ JAIN)

MONTH	CHAPTER	SUB TOPIC
APRIL	Unit II Algebra	• Concept, order, equality, types of matrices, transpose, Symmetric and Skew symmetric matrices, Algebra of
MAY	Matrices and Determinants	 Matrices (Operation on matrices), Addition, Subtraction and Multiplication of Matrices. Determinant of a square matrix (up to order 3). Properties of Determinants, Applications of determinants in finding the area of triangle, Minors, Cofactors Adjoint and Inverse of a Matrix, Invertible matrices. and Adjoint and inverse of a square matrix. Consistency, Inconsistency and Solutions of system of linear equations by Determinants (Homogeneous and Non – Homogeneous), Solving system of equations in two or three variables (having unique solution) using Cramer's Rule and Matrix Method with their Applications. Modulo Arithmetic Congruence Modulo Alligation and Mixture Numerical problems on Boats & Streams (upstream and downstream), Pipes & cistern, Races and Games Numerical inequalities Random variable and its probability distribution Mathematical Expectation (mean) Variance and Standard deviation of random variable. Binomial Distribution. Poisson Distribution Normal Distribution
JULY	Unit III Calculus Applications of	Introduction and recall of Derivative of Functions.Higher Order Derivatives

	Derivatives Integrals	 Differentiation of parametric functions and implicit functions Application of Derivatives Marginal cost and Marginal Revenue using derivatives. Increasing and Decreasing functions Maxima and minima Integration as inverse process of differentiation. Integration of variety of functions by Substitution , Partial fraction and Integration by Parts . Definite Integrals as area under the curve Application of Integration (Consumer Surplus and Producer Surplus)
AUGUST	Unit III (Contd) Differential Equations	 Differential equation (definition, order, degree) Formulating & Solving linear differential equation Application of Differential equation (Growth and Decay Model
SEP		FIRST TERM TEST
OCT	Unit V Inferential Statistics Unit VI Time based data	 Population & Sample Parameter, Statistic and Statistical Inferences t - Test (one sample t-test and two independent group t test) Time Series Components of Time Series Time series analysis for univariate data Secular Trend Methods of Measuring trend (Average and Least Square Method)

NOV	Unit VII Financial Mathematics	 Perpetuity, Sinking funds Calculation of EMI Calculation of Returns, Nominal Rate of Return Compound Annual Growth Rate Linear method of Depreciation
	Unit VIII Linear – Programming	 Introduction, definition of related terminology such as Constraints, Objective function, Optimization Different types of Linear Programming Problems, Mathematical formulation of different L.P.P Graphical Method of solution for problems in two variables Feasible and Infeasible Regions Feasible and Infeasible Solutions, Optimal feasible solution .

SUBJECT - CHEMISTRY

- **Text books prescribed:** 1. NCERT Text Book Part I & II
 - 2. NCERT Lab manual of Chemistry Class: XII

MONTH	CHAPTER	TOPICS
April	Unit 6: Haloalkanes & Haloarenes	Haloalkanes: nomenclature, nature of C-X bond, physical and chemical properties, optical rotation mechanism of substitution reactions.Haloarenes: nature of C-X bond, directive influence of halogens for monosubstituted compounds only, uses and environmental effects of di, tri, tetrachloromethane, iodoform and DDT
	Practical	Redox Titrations
May	Unit 7: Alcohols, Phenols and Ethers Unit 8: Aldehydes, Ketones & Carboxylic Acids	Alcohols: Nomenclature, methods of preparation, physical and chemical properties (of primary alcohols only), identification of primary, secondary and tertiary alcohols, mechanism of dehydration, uses with special reference to methanol and ethanol. Phenols: Nomenclature, methods of preparation, physical and chemical properties, acidic nature of phenol, electrophillic substitution reactions, uses of phenols. Ethers: Nomenclature, methods of preparation, physical and chemical properties, uses Aldehydes & ketones: Nomenclature, nature of carbonyl group, methods of preparation, physical and chemical properties, reactivity of alpha hydrogen in aldehydes, uses Carboxylic acids: Nomenclature, Acidic nature, methods of preparation, physical and chemical properties, uses.
	Practical	Chromatography, Preparation of sols ,Crystallization
July	Unit 9: Organic Compounds Containing Nitrogen Unit 10: Biomolecules Practical	Amines and diazonium salts: Nomenclature, basic nature, methods of preparation, physical and chemical properties, uses. Carbohydrates - Classification (aldoses and ketoses), monosaccahrides (glucose and fructose), D-L configuration oligosaccharides (sucrose, lactose, maltose), polysaccharides (starch, cellulose, glycogen); Importance of carbohydrates. Proteins -Elementary idea of - amino acids, peptide bond, polypeptides, proteins, structure of proteins - primary, secondary, tertiary structure and quaternary structures (qualitative idea only), denaturation of proteins; enzymes. Hormones - Elementary idea excluding structure. Vitamins - Classification and functions. Nucleic Acids: DNA and RNA. Salt Analysis
Aug	Unit 1: Solutions	Types of solutions, expression of concentration of solutions of solids in liquids, solubility of gases in liquids, solid solutions,

	Unit 2: Electrochemistry	Raoult's law, colligative properties - relative lowering of vapour pressure, elevation of boiling point, depression of freezing point, osmotic pressure, determination of molecular masses using colligative properties, abnormal molecular mass, Van't Hoff factor. Redox reactions, EMF of a cell, standard electrode potential, Nernst equation and its application to chemical cells, Relation between Gibbs energy change and EMF of a cell, conductance in electrolytic solutions, specific and molar conductivity, variations of conductivity with concentration, Kohlrausch's Law, electrolysis and law of electrolysis (elementary idea), dry cell- electrolytic cells and Galvanic cells, lead accumulator, fuel cells, corrosion
	Practical	Detection of functional groups To test the presence of carbohydrates, fats and proteins in the given samples. Investigatory Project
Sept		REVISION & TERM-1 EXAMS
Oct	Unit 3: Chemical Kinetics Unit 4: d & f – Block Elements	Rate of a reaction (Average and instantaneous), factors affecting rate of reaction: concentration, temperature, catalyst; order and molecularity of a reaction, rate law and specific rate constant, integrated rate equations and half-life (only for zero and first order reactions), concept of collision theory (elementary idea, no mathematical treatment), activation energy, Arrhenius equation. General introduction, electronic configuration, occurrence and characteristics of transition metals, general trends in properties of the first row transition metals – metallic character, ionization enthalpy, oxidation states, ionic radii, colour, catalytic property, magnetic properties, interstitial compounds, alloy formation, preparation and properties of K ₂ Cr ₂ O ₇ and KMnO ₄ . Lanthanoids - Electronic configuration, oxidation states, chemical reactivity and lanthanoid contraction and its consequences. Actinoids - Electronic configuration, oxidation states and comparison with lanthanoids.
	Flactical	Effect of Concentration on EMF of the Cell
Nov	Unit 5: Coordination Compounds	Coordination compounds - Introduction, ligands, coordination number, colour, magnetic properties and shapes, IUPAC nomenclature of mononuclear coordination compounds. Bonding, Werner's theory, VBT, and CFT; structure and stereoisomerism, importance of coordination compounds (in qualitative analysis, extraction of metals and biological system).

INVESTIGATORY PROJECT: One investigatory project has to be done by each student independently.

SUBJECT : BIOLOGY

TEXT BOOK PRESCRIBED: NCERT

MONTH	CHAPTER	TOPIC-SUB UNIT
April	Chapter2 Sexual reproduction in flowering plants	Flower –a fascinating organ, reproductive structures, double fertilization, embryo and endosperm formation, apomixis and parthenogenesis.
	Chapter 3 Human reproduction	Male and female reproductive systems; microscopic anatomy of testis and ovary; gametogenesis - spermatogenesis and oogenesis; menstrual cycle; fertilization, embryo development upto blastocyst formation, implantation; pregnancy and placenta formation ; parturition; lactation
		 PRACTICALS – Study of pollen germination Flowers adapted to pollination by different agencies. Controlled pollination-emasculation, tagging and bagging T.S of testis and T.S of ovary through permanent slides T.S Blastula through permanent slide Prepare a temporary mount of onion root tip to study mitosis Study of meiosis through permanent slides Study of mendelian inheritance using seeds of different colour/sizes
	Chapter-4: Reproductive Health	Need for reproductive health and prevention of Sexually Transmitted Diseases (STDs); birth control - need and methods, contraception and medical termination of pregnancy (MTP); amniocentesis; infertility and assisted reproductive technologies - IVF, ZIFT, GIFT (elementary idea for general awareness).
MAY	Chapter-5: Principles of Inheritance and Variation	Heredity and variation: Mendelian inheritance; deviations from Mendelism – incomplete dominance, co-dominance, multiple alleles and inheritance of blood groups, pleiotropy; elementary idea of polygenic inheritance; chromosome theory of inheritance; chromosomes and genes; Sex determination - in humans, birds and honey bee; linkage and crossing over; sex linked inheritance - haemophilia, colour blindness; Mendelian disorders in humans - thalassemia; chromosomal disorders in humans; Down's syndrome, Turner's and Klinefelter's syndromes.
July	Chapter-6: Molecular Basis of Inheritance	Search for genetic material and DNA as genetic material; Structure of DNA and RNA; DNA packaging; DNA replication; Central Dogma; transcription, genetic code, translation; gene 8 expression and regulation - lac operon; Genome, Human and rice genome projects; DNA

fingerprinting.
Origin of life; biological evolution and evidences for biological evolution (paleontology, comparative anatomy, embryology and molecular evidences); Darwin's contribution, modern synthetic theory of evolution; mechanism of evolution - variation (mutation and recombination) and natural selection with examples, types of natural selection; Gene flow and genetic drift; Hardy - Weinberg's principle; adaptive radiation; human evolution.
Pathogens; parasites causing human diseases (malaria, dengue, chikungunya, filariasis, ascariasis, typhoid, pneumonia, common cold, amoebiasis, ring worm) and their control; Basic concepts of immunology - vaccines; cancer, HIV and AIDS; Adolescence - drug and alcohol abuse.
Microbes in food processing, industrial production, sewage treatment, energy generation and microbes as bio-control agents and bio-fertilizers. Antibiotics; production and judicious use.
Revision for Term I
Term I Examination
Genetic Engineering (Recombinant DNA Technology). Application of biotechnology in health and agriculture: Human insulin and vaccine production, stem cell technology, gene therapy; genetically modified organisms - Bt crops; transgenic animals; biosafety issues, biopiracy and patents.
 Population interactions - mutualism, competition, predation, parasitism; population attributes - growth, birth rate and death rate, age distribution. (Topics excluded: Organism and its Environment, Major Aboitic Factors, Responses to Abioitic Factors, Adaptations) Ecosystems: Patterns, components; productivity and decomposition; energy flow; pyramids of number, biomass, energy (Topics excluded: Ecological Succession and Nutrient Cycles). Biodiversity-Concept, patterns, importance; loss of biodiversity; biodiversity conservation; hotspots, endangered organisms, extinction, Red Data Book, Sacred Groves, biosphere reserves, national parks, wildlife, sanctuaries and Ramsar sites.

SUBJECT : COMPUTER SCIENCETEXT BOOK PRESCRIBED:NCERTReference Book : Introduction to computer science by Preeti Arora

MONTH	ΤΟΡΙΟ	UNIT/SUBUNITS
APRIL	Unit 1: Programming and Computational Thinking (PCT-2)	 Revision of the basics of Python Functions: scope, parameter passing, default parameters, positional parameters , mutable/immutable properties of data objects, pass arrays to functions, return values, flow of execution, scope of a variable (global scope, local scope) Functions Modules: Math, Random, Statistics, String and other general built-in functions.
МАҮ	Unit 1: Programming and Computational Thinking (PCT-2)	 Exception Handling: Introduction, handling exceptions using try-except-finally blocks Data Structure: Stack, operations on stack (push & pop), implementation of stack using list. Introduction to files, types of files (Text file, Binary file, CSV file), relative and absolute paths Text file: opening a text file, text file open modes (r, r+, w, w+, a, a+), closing a text file, opening a file using with clause, writing/appending data to a text file using write() and writelines(), reading from a text file using read(), readline() and readlines(), seek and tell methods, manipulation of data in a text file
JULY	Unit 1: Programming and Computational Thinking (PCT-2)	 Binary file: basic operations on a binary file: open using file open modes (rb, rb+, wb, wb+, ab, ab+), close a binary file, import pickle module, dump() and load() method, read, write/create, search, append and update operations in a binary file CSV file: import csv module, open / close csv file, write into a csv file using writer(),writerow(),writerows() and read from a csv file using reader()
AUG	Unit III: Database Management	 Database concepts: introduction to database concepts and its need Relational data model: relation, attribute, tuple, domain, degree, cardinality, keys (candidate key, primary key, alternate key, foreign key) Structured Query Language: introduction, Data Definition Language and Data Manipulation Language, data type (char(n), varchar(n), int, float, date), constraints (not null, unique, primary key), create database, use database, show

	 Interface of python with an SQL database: connecting SQL with Python, performing insert, update, delete queries using cursor, display data by using connect(), cursor(), execute(), commit(), fetchone(), fetchall(), rowcount, creating database connectivity applications, use of %s format specifier or format() to perform queries
SEP	FIRST TERM EXAM
OCT Unit II: Compute Networks	 Evolution of networking: introduction to computer networks, evolution of networking (ARPANET, NSFNET, INTERNET) Data communication terminologies: concept of communication, components of data communication (sender, receiver, message, communication media, protocols), measuring capacity of communication media (bandwidth, data transfer rate), IP address, switching techniques (Circuit switching, Packet switching) Transmission media: Wired communication media (Twisted pair cable, Co-axial cable, Fiber-optic cable), Wireless media (Radio waves, Micro waves, Infrared waves) Network devices (Modem, Ethernet card, RJ45, Repeater, Hub, Switch, Router, Gateway, WIFI card) Network topologies and Network types: types of networks (PAN, LAN, MAN, WAN), networking topologies (Bus, Star, Tree) Network protocol: HTTP, FTP, PPP, SMTP, TCP/IP, POP3, HTTPS, TELNET, VoIP Introduction to web services: WWW, Hyper Text Markup Language (HTML), Extensible Markup Language (XML), domain names, URL, website, web browser, web servers, web hosting.

SUBJECT : GEOGRAPHY

Books:1) India People and Economy2) Fundamentals of Human Geography3) Practical Work in Geography – Part 2

Month	Chapter	Unit/Subunits
April	Population: Distribution, Density, Growth and Composition (<i>India People and</i> <i>Economy</i>) Human Geography- Nature and Scope (<i>Fundamentals</i> <i>of Human</i> <i>Geography</i>)	 Population: distribution, density and growth; composition of population - linguistic, religious groups, gender, rural-urban and occupational-regional variations in growth of population Nature, Environmental determinism, possibilism Fields and sub-fields of Human Geography
May	Human Settlements ((India People and Economy)	Settlement types - rural and urban; morphology of cities (case study); distribution of mega cities; problems of human settlements in developing countries.
	The World Population : Distribution, Density and Growth (<i>Fundamentals</i> of Human Geography)	The World Population : Distribution, Density and Growth (Fundamentals of Human Geography)
	Practical – 1 Human Development (<i>Fundamentals</i> of Human Geography)	Data its source and compilation Human development - concept; selected indicators,(Growth and Development, The four pillars of Human developments, Approaches of Human Developments, Measuring Human Developments) international comparisons
July	Primary Activities (Fundamentals of Human Geography	Primary activities - concept and changing trends; gathering, pastoral, mining, subsistence agriculture, modern agriculture; people engaged in agricultural and allied activities - some examples from selected countries.
		Land resources- general land use; agricultural land

	Land Resources and Agriculture (<i>India People and</i> <i>Economy</i>)	use, Geographical conditions and distribution of major crops (Wheat, Rice, Tea, Coffee, Cotton, Jute, Sugarcane and Rubber) agricultural development and problems.
	Practical – 2	Data processing(calculate Mean ,Median and Mode)calculate measures of central tendency Secondary activities-concept; manufacturing: types - household, small scale, large scale; agro based and mineral
	Secondary Activities (Fundamentals of Human Geography	based industries; people engaged in secondary activities - some examples from selected countries.
August	Water Resources (India People and Economy)	Water resources-availability and utilization- irrigation, domestic, industrial and other uses; scarcity of water and conservation methods-rain water harvesting and watershed management.
	Mineral and Energy Resources (<i>India People and</i> <i>Economy</i>)	Mineral and energy resources- distribution of metallic (Iron ore, Copper, Bauxite, Manganese); non-metallic (Mica, Salt) minerals; conventional (Coal, Petroleum, Natural gas and Hydroelectricity) and non-conventional energy sources (solar, wind, biogas) and conservation.
	Practical -3	Representation of data.(To represent data Graphically using different techniques).Construction of line graph ,bar graph, poly graph, line and bar graph ,multiple bar diagram ,pie diagram. Thematic maps- DOT MAP,CHOROPLETH MAP AND ISOPLETH MAP.
	Planning and Sustainable Development in Indian Context (<i>India People and</i> <i>Economy</i>)	Planning in India- target group area planning (case study); idea of sustainable development (case study).
SEP	Transpor t and Commun ication (<i>India People and</i> <i>Economy</i>)	Transport and communication-roads, railways, waterways and airways: oil and gas pipelines; Geographical information and communication networks.

	International Trade (India People and Economy)	International trade- changing pattern of India's foreign trade; sea ports and their hinterland and airports.
	Practical-4	Spatial information technology(GIS, advantages of GIS over manual, components of GIS, spatial data formats ,roster data format vactor data format, spatial analysis, overlay and buffer analysis.
ОСТ	Tertiary and Quaternary Activities	Tertiary activities-concept; trade, transport and tourism; services; people engaged in tertiary activities - some examples from selected countries.
	(Fundamentals of Human Geography)	Quaternary activities-concept; people engaged in quaternary activities - case study from selected countries.
	Transport and Communication (<i>India</i> <i>People and Economy</i>)	Transport and communication-roads, railways, waterways and airways: oil and gas pipelines; Geographical information and communication networks. International trade- changing pattern of India's foreign trade; sea ports and their hinterland and airports.
November	Transport and Communication (Fundamentals of Human Geography)	Land transport - roads, railways; trans-continental railways. Water transport- inland waterways; major ocean routes. Air transport- Intercontinental air routes. Oil and gas pipelines. Satellite communication and cyber space- Importance and usage for geographical information; use of GPS.
	International Trade (Fundamentals of Human Geography)	International trade-Bases and changing patterns; ports as gateways of international trade, role of WTO in International trade. Ocean: National rights and international treaties Environmental pollution ,urban waste disposal. Urbanisation ,rural urban migration ,Problems of slums, Land degradation
	Geographical Perspective on Selected Issues and Problems (<i>India People and</i> <i>Economy</i>)	(Maps and Project works as per CBSE guidelines)

<u>SUBJECT – ACCOUNTANCY</u> Text Books Prescribed: NCERT ; T.S. Grewal by Sultan Chand Publication

MONT H	Торіс	Sub Topic
APRIL	Unit 1: Accounting for Partnership Firms	 Partnership: features, Partnership Deed Provisions of the Indian Partnership Act 1932 in the absence of partnership deed Fixed v/s fluctuating capital accounts Preparation of Profit and Loss Appropriation Account- division of profit among partners Guarantee of profits Past adjustments (relating to interest on Capital, interest on drawing, salary and profit sharing ratio) Goodwill: nature, factors affecting and Methods of valuation - average profit, super profit and capitalization Note: Interest on partner's loan is to be treated as a charge against profits. Goodwill to be adjusted through partners' capital/ current account or by raising and writing off goodwill (AS 26)
MAY JULY	Unit 1: Accounting for Partnership Firms	 Accounting for Partnership firms - Reconstitution and Dissolution. Change in the Profit Sharing Ratio among the existing partners - sacrificing ratio, gaining ratio, accounting for revaluation of assets and reassessment of liabilities and treatment of reserves and accumulated profits. Preparation of revaluation account and balance sheet. Admission of a partner - effect of admission of a partner on change in the profit sharing ratio, treatment of goodwill (as per AS 26), treatment for revaluation of assets and re-assessment of liabilities, treatment of reserves and accumulated profits, adjustment of capital accounts and preparation of balance sheet. Retirement and death of a partner: effect of retirement / death of a partner on change in profit sharing ratio, treatment of goodwill (as per AS 26), treatment of reserves and accumulated profits, adjustment of capital accounts and preparation of balance sheet. Retirement and death of a partner: effect of retirement / death of a partner on change in profit sharing ratio, treatment of goodwill (as per AS 26), treatment for revaluation of assets and reassessment of liabilities, adjustment of accumulated profits and reserves, adjustment of capital accounts and preparation of balance sheet. Preparation of loan account of the retiring partner. Calculation of deceased partner's share of profit till the date of death. Preparation of deceased partner's capital account and

	Unit 1: Accounting for Partnership Firms	 his executor's account. Dissolution of a partnership firm: meaning of dissolution of a partnership and partnership firm, types of dissolution of a firm. Settlement of accounts - preparation of realization account, and other related accounts: capital accounts of partners and cash/bank a/c (excluding piecemeal distribution, sale to a company and insolvency of partner(s)). Note: (i) The realized value of each asset must be given at the time of dissolution. (ii) In case, the realization expenses are borne by a partner, clear indication should be given regarding the payment thereof
AUG SEP	Unit-2 Accounting for Companies	 Accounting for Share Capital Share and share capital: nature and types. Accounting for share capital: issue and allotment of equity and references shares . Public subscription of shares - over subscription and under subscription of shares; issue at par and at premium, calls in advance and arrears (excluding interest), issue of shares for consideration other than cash. Concept of Private Placement and Employee Stock Option Plan (ESOP). Accounting treatment of forfeiture and re issue of shares. Disclosure of share capital in the Balance Sheet of a company. Accounting for Debentures Debentures: Issue of debentures at par, at a premium and at a discount. Issue of debentures for consideration other than cash; Issue of debentures with terms of redemption; debentures as collateral security concept, interest on debentures. Writing off discount / loss on issue of debentures. Note: Discount or loss on issue of debentures to be written off in the year debentures are allotted from Security Premium Reserve/Capital Reserve/Statement of Profit and Loss as
OCT	Part B:	Financial Cost (AS 16) in that order.Financial statements of a Company:
	Financial Statement	• Statement of Profit and Loss and Balance Sheet in prescribed
	Analysis	to the Companies Act 2013)
	Unit 3: Analysis	Note: Exceptional items, extraordinary items and profit (loss)
	of Financial	from discontinued operations are excluded.
	Statements	Financial Statement Analysis: Objectives,
		importance and limitations.
		Tools for Financial Statement Analysis:
		Comparative statements, common size

		statements, cash flow analysis, ratio analysis
NOV	Unit 3: Analysis of Financial Statements Ratio Analysis Unit 4: Cash Flow Statement	 Accounting Ratios: Meaning, Objectives, classification and computation. · Liquidity Ratios: Current ratio and Quick ratio. Solvency Ratios: Debt to Equity Ratio, Total Asset to Debt Ratio, Proprietary Ratio and Interest Coverage Ratio. Activity Ratios: Inventory Turnover Ratio, Trade Receivables Turnover Ratio, Trade Payables Turnover Ratio and Working Capital Turnover Ratio. Profitability Ratios: Gross Profit Ratio, Operating Ratio, Operating Profit Ratio, Net Profit Ratio and Return on Investment Note: N.P. ratio is to be calculated on the profit before and after tax. Meaning, objectives and preparation (as per AS 3 (Revised) (Indirect Method only) Note: (i) Adjustments relating to depreciation and amortization, profit or loss on sale of assets including investments, dividend (both final and interim) and tax. (ii) Bank overdraft and cash credit to be treated as short term borrowings. (iii) Current Investments to be taken as Marketable securities unless otherwise specified. Note: Previous years' Proposed Dividend to be given effect, as prescribed in AS-4, Events occurring after the Balance Sheet date. Current years' Proposed Dividend will be accounted for in the next year after it is declared to the shareholders.
OCTOB ER	Specific Project (Any one)	 Ratio Analysis Cash Flow Statement Comparative and Common Size Statements

SUBJECT: BUSINESS STUDIES Text Book Prescribed: NCERT

Month	Chapter	Sub Topics
April	Part A: Principles and	Management - concept, objectives, and importance
	Functions of Management	Management as Science, Art and Profession Levels of Management
	Unit 1: Nature and Significance of Management Unit 2: Principles of Management	 Management functions-planning, organizing, staffing, directing and controlling Coordination- concept and importance Principles of Management- concept and significance Fayol's principles of management Taylor's Scientific management- principles and techniques Compare the contribution of Fayol and Taylor
May	Unit 3: Business Environment Unit 4: Planning Unit 5: Organizing	 Business Environment- concept and importance Dimensions of Business Environment- Economic, Social, Technological, Political and Legal Demonetization - concept and features Impact of Government policy changes on business with special reference to liberalization, privatization and globalization in India Managerial response to changes in Business Environment Concept, importance and limitation Planning process, Single use and standing plans. Objectives, Strategy, Policy, Procedure, method Rule, budget and programme , Concept and Importance Organizing Process, Structure of organization- functional and divisional concept. Formal and informal organization- concept Delegation: concept, elements and importance Decentralization: concept and importance Difference between delegation & decentralisation As per CBSE guidelines Concept and importance of staffing Staffing as a part of Human Resource Management Staffing process, Recruitment process, Selection – process Training and Development - Concept and importance,

July	Project Work Unit 6: Staffing	vestibule training, apprenticeship training and internship training
July August	Unit 7: Directing Unit 8: Controlling	 Concept and importance, Elements of Directing Motivation - concept, Maslow's hierarchy of needs, Financial and non-financial incentives Leadership - concept, styles - authoritative, democratic and laissez faire Communication - concept, formal and informal communication; barriers to effective communication, how to overcome the barriers Controlling - Concept and importance Relationship between planning and controlling Steps in process of control
August	Part B: Business Finance and Marketing Unit 9: Financial Management	 Concept, role and objectives of Financial Management Financial decisions: investment, financing and dividend-Meaning and factors Financial Planning - concept and importance Capital Structure – concept and factors affecting capital structure Fixed and Working Capital - Concept and factors affecting their requirements
SEP	Unit 10: Financial Markets	 Financial Markets: Concept, Functions and types Money market and its instruments Capital market and its types (primary and secondary), methods of floatation in the primary market Stock Exchange - Functions and trading procedure Securities and Exchange Board of India (SEBI) - objectives and functions Marketing – Concept, features, functions and

OCT	Unit 11: Marketing	 philosophies Marketing Mix – Concept and elements Product - branding, labelling and packaging – Concept Price - Concept, Factors determining price Physical Distribution – concept, components and
		 Promotion – Concept and elements; Advertising, Sales Promotion and Public Relations
NOV	Unit 12: Consumer Protection	 Understand the concept of a consumer according to the Consumer Protection Act, 2019. Explain the consumer rights Understand the responsibilities of consumers Understand who can file a complaint and against whom? Discuss the legal redressal machinery under Consumer Protection Act, 2019. Examine the remedies available to the consumer under Consumer Protection Act, 2019 Consumer awareness - Role of consumer organizations and Non-Governmental Organizations (NGOs) Describe the role of consumer organizations and NGOs in protecting consumers' interests.

SUBJECT : PSYCHOLOGY Reference book – Psychology Textbook for Class XII NCERT

MONTH	UNIT	TOPICS
APRIL	Variations in psychologica l attributes	Individual differences in the human functioning ,theories of the intelligence ,individual differences in the intelligence ,culture and intelligence, emotional intelligence, and creativity Practical on intelligence
МАҮ	Personality & Self	Self and personality, concept of self, culture and self, concept of personality,type trait theory and freud's theory, major approaches to the study of personality and assessment of personality Practical on introvert & extrovert
JULY	Meeting life challenges	PRAC 1,2 and 3
		Introduction Nature and types of stress Sources of the stress, effect of stress on psychological functioning and health, coping with stress, promoting health and wellbeing, Life skills
AUG	Psychological disorders	Introduction, Concepts of abnormality & psychological disorders Factors underlying abnormal behavior Classification of psychological disorders Commonly abused substances Practical 4
OCT	Therapeutic approaches	Nature and process of psychotherapy Types of therapies – psychodynamic, behaviour, relaxation, cognitive , humanistic , biomedical, and alternative Rehabilitation of the mentally ill CASE STUDY
NOV	Attitude and Social cognition	Introduction, Explaining social behaviour nature and components of attitude , attitude formation & change , prejudice & discrimination, strategies for handling prejudice ,social cognition, schemas and stereotype , impression formation, behaviour in the presence of others ,pro social behaviour
	Social influence & group process	Nature & formation of groups , types of groups , influence of group on individual behaviour , conformity , compliance & obedience , cooperation & competition , social identity ,inter group conflict Practical 5

SUBJECT: ECONOMICS

Books Prescribed:

- 1. Introductory Macroeconomics-NCERT
- 2. Indian Economic Development- NCERT
- 3. Introductory Macroeconomics- V.K Ohri & T. R Jain
- 4. Indian Economic Development- V. K Ohri & T. R Jain

MONTH	CHAPTER \UNIT	SUBUNIT\TOPIC
April	1 National Income and Related Aggregates	What is Macroeconomics? Basic concepts in macroeconomics: consumption goods, capital goods, final goods, intermediate goods; stocks and flows; gross investment and depreciation.
May	1 National Income and Related Aggregates 2 Money and Banking	 Circular flow of income (two sector model); Methods of calculating National Income-Value Added or Product method, Expenditure method, Income method. Aggregates related to National Income: Gross National Product (GNP), Net National Product (NNP), Gross Domestic Product (GDP) and Net Domestic Product (NDP) - at market price, at factor cost; Real and Nominal GDP. GDP Deflator, GDP and Welfare Money -meaning and functions, supply of money -Currency held by the public and net demand deposits held by commercial banks. Money creation by the commercial banking system. Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Govt. Bank, Banker's Bank, Control of Credit through Bank Rate, CRR, SLR, Repo Rate and Reverse Repo Rate, Open Market Operations, Margin Requirement.

July	3	Aggregate demand and its components.
	Determination of Income and Employment	Propensity to consume and propensity to save (average and marginal).
		Short-run equilibrium output; investment multiplier and its mechanism.
		Meaning of full employment and involuntary unemployment.
		Problems of excess demand and deficient demand; measures to correct them – changes in government spending, taxes and money supply.
	4 Government Budget and the Economy	Government budget-meaning, objectives and components. Classification of receipts -revenue receipts and capital receipts; classification of expenditure –revenue expenditure and capital expenditure.
		Balance, surplus and deficit Budget - Measures of government deficit.
	6 Development Experience (1947-90) and Economic Reforms since 1991:	A brief introduction of the state of Indian economy on the eve of independence. Common goals of Five Year Plans. Main features, problems and policies of agriculture (institutional aspects and new agricultural strategy, etc.), industry (IDD 1056; SSL role & importance) and famign
		trade.
		Economic Reforms since 1991:
		Features and appraisals of liberalization, globalization and privatization (LPG policy); Concepts of demonetization and GST.
Ang	7	Human Capital Formation, How papels become recorded
Aug	' Current challenges facing Indian Economy	Role of human capital in economic development, Growth of Education Sector in India.
		Rural development: Key issues -credit and marketing -role

		of cooperatives; agricultural diversification; alternative farming -organic farming
		Employment: Growth and changes in work force participation rate in formal and informal growth; problems and policies.
Sep		REVISION For Ist Term
Oct	7 Sustainable Economic Development:	Meaning, Effects of Economic Development on Resources and Environment, including global warming.
		A comparison with neighbours India and Pakistan
	8 Development Experience of India China and Pakistan	
		India and China
		Issues: economic growth, population, sectoral development and other Human Development Indicators.
	5 Balance of Payments	Balance of payments account -meaning and components; balance of payments – Surplus & Deficit
	T uyments	Foreign exchange rate -meaning of fixed and flexible rates and managed floating.
		Determination of exchange rate in a free market, Merits and demerits of flexible and fixed exchange rate
		Managed floating exchange rate system.
		REVISION OF SYLLABUS/ Pre- Board

SUBJECT : HISTORY Books Prescribed :

	Tł	nemes in Indian History -Part -II
	Ir	iemes in Indian History -Part -III
Month	UNIT/Chapter	Sub Topics
April	1.Bricks ,Beads &	*Beginnings
	Bones	*Subsistence Strategies
		*Mohenjodaro-A planned Urban centre
		*Tracking Socia differences
		*Finding out about craft production
		*Seals,Scripts & Weights
		*Ancient Authority
		*The end of civilisation
		*Discovering the Harappan Civilisation
		*Problems of Piecing together the Past
		VISIT TO NATIONAL MUSEUM
		*Towns & Trade
	2. Kings, Farmers	*Back to Basics
	& Towns	*The limitations of Inscriptional evidences
MAY	3.Kinship,Caste	*The critical edition of Mahabharata
	& Class	*Kinship & Marriage
		*Social differences
		*Beyond birth Resources & Status
		*Explaining social differences
		*Handling texts
		*A Dynamic texts
JULY	4. I hinkers, Beliefs	*A Glimpse of Sanchi
	& Buildings	*The Background
		*Beyond Wordly pleasures
		* The Buddha & the Quest for Enlightenment
		*The teachings of Buddha
		*Followers of Buddha
		*Stupas
		*Discovering Stupas
		*Sculpture
		*New Religious Traditions
		*Can we "See" everything
	5. Through the eyes	*Al-Biruni & the Kitab -ul-Hind
	of Travellers	*Ibn Battuta's RIHLA
		*Francois Bernier-A doctor with a difference
		*Making sense of an Alien World

Themes in Indian History -Part 1

		*Ibn Battuta & the excitement of the Unfamiliar
		*Bernier & the "Degenerate" East
		*Women-Slaves Sati & Labourers
AUG	6.Bhakti-Sufi	*A Mosaic of religious beliefs & Practices & practices
	Traditions	*Poems of prayers
		*The Virashaiva tradition in Karnataka
		*Religious ferment in North India
		*New strands in the fabric Islamic traditions
		*The growth of Sufism
		*The Chistis in the Subcontinent
		*New Devotional paths Dialogue & Dissent in Northern
		India
-	7.An Imperial	*Reconstructing histories of Religious traditions
	Capital-	*The discovery of Hampi
	Vijaynagar	*Rayas,Nayakas& Sultans
		*Vijaynagar The Capital & Environs
		*The Royal Centre
		*The Sacred Centre
		*Plotting, Palaces, Temples & Bazaars
		*Ouestions in search of answers
SEP		FIRST TERM EXAM
OCT	8.Peasants	*Peasants & agricultural production
	,Zamindars & the	*The village community
	State	*Women in Agrarian society
		*Forests & Tribes
		*The Zamindars
		*The Land revenue system
		*The flow of silver
		*The Ain -i-Akbari of Abu'l Fazl Allami
	10Colonialism &	*Bengal & the Zamindars
	the Countryside	*The Hoe & the Plough
		*A revolt in the countrysideThe Bombay Deccan
		*The Deccan Riots Commission
NOV	11.Rebels & the	*Pattern of the rebellion
	Raj	*Awadh in revolt
		*What the rebels wanted
		*Repression
		*Images of the revolt
	13.Mahatma	*A leader announces himself
	Gandhi & the	*The making & unmaking of Non cooperation
	Nationalist	*The Salt satvagraha A case study
		The Suit Sutyugiunu II cube Study

movement	*Quit India
	*The last heroic days
	*Knowing Gandhi
15.Framing the Constitution	*A tumultuous time *The vision of the Constitution *Defining rights *The Powers of the State *The Language of the Nation

SUBJECT: PAINTING (049)

TEXT BOOK - FULLMARKS HISTORY OF INDIAN ART

MONTH	THEORY (ALL TOPICS)	PRACTICAL
APRIL	Unit – ITheRajasthaniSchoolofMiniature Painting :1.Origin and development.2.StudyOfRajasthaniPaintings	Composition (national,religious ,cultural, historical and social events)
МАҮ	Unit – I Pahari Schools of MiniaturePainting: 1. Origin and development. 2. Study of Pahari Paintings	Composition (national,religious ,cultural, historical and social events)
JULY	Unit - IITheMughalSchoolofMiniature paintings :1.Origin and development.2.Study of Mughal paintingsand main features	Nature and objects study
AUG	 UNIT II Deccan School of Miniaturepaintings : Origin and development Phases of Deccani art Specialities of the style ofDeccani art. Study of Deccan paintingsand main features 	Nature study (outdoor)
SEP	 Unit -III The Bengal School of Painting and the Modern Trends in Indian Art: Introduction to the Bengal School of Painting Study of the Paintings of the Bengal School. Contribution of Indian Artists in the Struggle for National FreedomMovement Evolution of the IndianNational Flag 	Composition Fantasy
OCT-	 Unit - IV The Modern Trends in IndianArt: Modern Trends in IndianArt Paintings of theContemporary (Modern)Indian Artists Graphic Prints of the Contemporary (Modern) Indian Artists 	Object drawing and composition.
NOV	Unit –IV The Modern Trends in IndianArt: 1. Sculptures of the Contemporary (Modern)Indian Artists	Object drawing and composition . Portfolio Submission
	Revision of entire syllabus	

Subject : Physical Education

Month	Unit	Topics
APRIL	UNIT- I MANAGEMENT OF SPORTING EVENTS	 Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling) Various Committees & their Responsibilities (pre; during & post)
		3. Fixtures and their Procedures – Knock-Out (Bye & Seeding) & League (Staircase, Cyclic, Tabular method) and Combination tournaments.
		3. Intramural & Extramural tournaments – Meaning, Objectives & Its Significance 5. Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity)
		1. Exercise guidelines of WHO for different age groups.
	UNIT II : CHILDREN & WOMEN IN SPORTS	2. Common postural deformities-knock knees, flat foot, round shoulders, Lordosis, Kyphosis, Scoliosis, and bow legs and their respective corrective measures
		3. Women's participation in Sports – Physical, Psychological, and social benefits
		4. Special consideration (menarche and menstrual dysfunction)
		5. Female athlete triad (osteoporosis, amenorrhea, eating disorders.
		6. Exercise guidelines of WHO for different age groups.

MAY	UNIT-III Yoga as Preventive measure for Lifestyle Disease	1. Diabetes: Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana,Bhujangasana, Shalabhasana, Dhanurasana, Suptavajarasana,
		2. Asthma: Procedure, Benefits & Contraindications for Tadasana, Urdhwahastottansana, UttanMandukasana, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalbhati, Gomukhasana Matsyaasana, Anuloma- Viloma.
		3. Hypertension: Procedure, Benefits & Contraindications for Tadasana, Katichakransan, Uttanpadasana, Ardha Halasana, Sarala Matyasana, Gomukhasana, UttanMandukasan-a, Vakrasana, Bhujangasana, Makarasana, Shavasana, Nadishodhanapranayam, Sitlipranayam.
		4. Back Pain and Arthritis: Procedure, Benefits & Contraindications of Tadasan, Urdhawahastootansana, ArdhChakrasana, Ushtrasana, Vakrasana, Sarala Maysyendrsana, Bhujandgasana, Gomukhasana, Bhadrasana, Makarasana, Nadi-Shodhana pranayama.
JULY	UNIT-IV Physical Education and Sports for CWSN (Children with	1. Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics)
JULY	UNIT-IV Physical Education and Sports for CWSN (Children with Special Needs - Divyang)	 Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics) Concept of Classification and Divisioning in Sports.
JULY	UNIT-IV Physical Education and Sports for CWSN (Children with Special Needs - Divyang)	 Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics) Concept of Classification and Divisioning in Sports. Concept of Inclusion in sports, its need, and Implementation;
JULY	UNIT-IV Physical Education and Sports for CWSN (Children with Special Needs - Divyang)	 Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics) Concept of Classification and Divisioning in Sports. Concept of Inclusion in sports, its need, and Implementation; Advantages of Physical Activities for children with special needs.
JULY	UNIT-IV Physical Education and Sports for CWSN (Children with Special Needs - Divyang)	 Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics) Concept of Classification and Divisioning in Sports. Concept of Inclusion in sports, its need, and Implementation; Advantages of Physical Activities for children with special needs. Strategies to make Physical Activities assessable for children with special needs.
JULY	UNIT-IV Physical Education and Sports for CWSN (Children with Special Needs - Divyang)	 Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics) Concept of Classification and Divisioning in Sports. Concept of Inclusion in sports, its need, and Implementation; Advantages of Physical Activities for children with special needs. Strategies to make Physical Activities assessable for children with special needs. Concept of balanced diet and nutrition
JULY	UNIT-IV Physical Education and Sports for CWSN (Children with Special Needs - Divyang) UNIT V : Sports & Nutrition	 Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics) Concept of Classification and Divisioning in Sports. Concept of Inclusion in sports, its need, and Implementation; Advantages of Physical Activities for children with special needs. Strategies to make Physical Activities assessable for children with special needs. Concept of balanced diet and nutrition Macro and Micro Nutrients: Food sources & functions Nutritive & Non-Nutritive Components of Diet 4. Eating for Weight control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths

	UNIT VI : TEST & MEASUREMENT IN SPORTS	 Fitness Test – SAI Khelo India Fitness Test in school: Age group 5-8 years/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test Age group 9-18yrs/ class 4- 12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Partial Abdominal Curl Up, PushUps for boys, Modified Push-Ups for girls). Measurement of Cardio-Vascular Fitness – Harvard Step Test – Duration of the Exercise in Seconds x100/5.5 X Pulse count of 1-1.5 Min after Exercise. Computing Basal Metabolic Rate (BMR) Rikli & Jones - Senior Citizen Fitness Test Chair Stand Test for lower body strength Arm Curl Test for upper body strength Chair Sit & Reach Test for lower body flexibility Back Scratch Test for upper body flexibility Eight Foot Up & Go Test for agility Six-Minute Walk Test for Aerobic Endurance Johnsen – Methney Test of Motor Educability (Front Roll, Roll, Jumping Half-Turn, Jumping fullturn
AUG	UNIT VII : PHYSIOLOGY & INJURIES IN SPORTS UNIT-VIII Biomechanics and Sports	 Physiological factors determining components of physical fitness Effect of exercise on the Muscular System Effect of exercise on the Cardio-Respiratory System II Physiological changes due to aging Sports injuries: Classification (Soft Tissue Injuries - Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone & Joint Injuries - Dislocation, Fractures - Green Stick, Comminuted, Transverse Oblique & Impacted) Newton's Law of Motion & its application in sports Types of Levers and their application in Sports. Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports Unit VIII 3. Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports

		5. Projectile in Sport
ост	UNIT- IX Psychology and Sports	 Personality;its definition & types (Jung Classification & Big Five Theory) Motivation, its type & techniques. Exercise Adherence: Reasons, Benefits & Strategies for Enhancing it Unit IX & X Meaning, Concept & Types of Aggressions in Sports Psychological Attributes in Sports – Self-Esteem, Mental Imagery, Self-Talk, Goal Setting
NOV	UNIT-X Training in Sports	 Concept of Talent Identification and Talent Development in Sports Introduction to Sports Training Cycle – Micro, Meso, Macro Cycle. Unit X Types & Methods to Develop – Strength, Endurance, and Speed. Types & Methods to Develop – Flexibility and Coordinative Ability. Circuit Training - Introduction & its importance
DEC	• Discussion AND REVISION	ASSESSMENT • Reflective questions, Quiz, Exam, practical demonstration

Subject : Political Science Books Prescribed : NCERT

MONTH	Chapter No: & Name	Subto	pics
APRIL	Chapter 1 – Challenges in Nation Building (Book 1:	a) b)	Challenges for the new NationThree Challenges. Partition: Displacement and Rehabilitation
	Politics in India)	c)	Consequences of Partition. Integration of Princely StatesThe problem •
		d)	Government's approach • Hyderabad • Manipur Reorganization of States.
MAY		a)	The Soviet System
	Chapter 2 - The End of	b)	Gorbachev and the disintegration
	Bipolarity(Book 2 : - CONTEMPORARY WORLD	c)	Causes and Consequences of the disintegration of the Soviet Union
	POLITICS)	d)	Shock Therapy and its Consequences
		e)	new entities in world politics • Russia • Balkan States
			Central Asian States
		f)	India's relations with Russia and other post-
			communist countries
	Chapter-2 Era of One-Party	a)	Challenge of building democracy.
	Dominance	b)	Emergence of opposition parties.
	(Book 1: Politics in India)		Congress dominance in the first three general
			elections. · Nature of Congress dominance ·
			Congress as a social and ideological coalition.
			Tolerance and management of Factions
	Chapter 4 - India's Foreign	a)	International context
	Policy (Book 1: Politics in	b)	The Policy of non-alignment
	India	c)	Peace and conflict with China
		d)	Wars and Peace with Pakistan
		e)	India's nuclear policy
JULY	Chapter 3- Politics of Planned Development (Book 1:	a)	Political contestation. • Ideas of Development. • Planning • Planning Commission
	Politics in India)	b)	The Early Initiatives • The First Five-Year Plan. •
			Rapid Industrialization
	Chapter-3 Contemporary		
	Book 2: -	a)	Military and Democracy in Pakistan and Bangladesh
	CONTEMPORARY	b)	Monarchy and Democracy in Nepal
	WORLD POLITICS)	() ()	India Pakistan Conflicts
		e)	India and its Neighbors
		f)	Peace and Cooperation
	Chapter-5- Challenges to and	a)	Challenges of political succession
	Restoration of the Congress	b)	Fourth general elections, 1967
	System (Book 1: Politics in	c)	Split in the Congress
	India)	d)	The 1971 election and restoration of congress
		e)	Fourth General Election 1967 • Context of the
			Election. • Non Congressism • Electoral Verdict •
			Coalitions • Defection

	Chapter 6 - The Crisis of Democratic Order (Book 1: Politics in India)	 (i) Background to Emergency (ii) Declaration of Emergency (iii) Controversies regarding emergency Politics after emergency
AUG	Chapter 4- International Organizations (Book 2: - CONTEMPORARY WORLD POLITICS)	 a) Meaning and importance of International Organisations b) Evolution of the UN c) Structure and function of International Organisations d) Principal Organs of UN e) Reform of the UN after the Cold War f) Reform of Structures, Processes, and Jurisdiction of the UN g) India and the UN Reforms
	Chapter 5- Security in the Contemporary World (Book 2: - CONTEMPORARY WORLD POLITICS)	 a) Meaning and Type of Security. b) Traditional concept of security c) Non-tradition notions of Security. d) New Sources of Threats e) Cooperative Security f) India's Security strategy
SEP	Chapter-7 Regional Aspirations (Book 1: Politics in India)	 a) Region and the Nation • Indian Approach • Areas of Tension • Jammu and Kashmir • Roots of the Problem • External and Internal disputes • Politics since 1948 • Insurgency and After • 2022 and Beyond b) Punjab • Political Context • Cycle of Violence • Road to Peace c) The Northeast • Demand for autonomy • Secessionist Movements • Movements against outsiders
	Chapter-8- Recent Developments in Indian Politics (Book 1: Politics in India)	 a) Context of 1990s b) Era of Coalition • Alliance Politics c) Political rise if the Backward Classes • Mandal Implemented • Political Fallouts d) Communalism, Secularism and Democracy. • Ayodhya Dispute • Demolition and after e) Emergence of New Consensus f) Lok Sabha Elections 2004 g) Growing Consensus
ОСТ	Chapter-6 Environment and Natural Resources (Book 2: - CONTEMPORARY WORLD POLITICS)	 a) Environmental Concerns b) Global Commons c) Common but differentiated Responsibilities d) India's Stand on Environment Issues e) Environmental Movements
	Chapter- / Globalisation (Book 2: - CONTEMPORARY WORLD POLITICS)	 a) Concept of globalisation b) Causes and Consequences of globalisation c) India and globalization d) Resistance to globalization e) India and resistance to globalisation
NOV		Complete syllabus Revision